



HEALTHY GREENS

A DRINK MIX SUPPLEMENT TO SUPPORT
DETOXIFICATION FUNCTIONS†

HEALTHY GREENS

- Is a great tasting, easy-to-mix powder.
- Combines nutrient rich vegetables, fruits and herbs with enzymes, and probiotic cultures.
- Supports the body's ability to cleanse, detoxify, and rejuvenate.
- Supports the body's antioxidant defense system and immune system functioning
- Supports detoxification and G.I. Tract health.

Detoxification Support

- **Spirulina and Chlorella** are both sources of blue-green algae, which has a rich nutrient profile and is a potent antioxidant.
- **Spirulina** supports healthy functioning of the liver and immune system to aid in detoxification.
- **Chlorella** supports cell reproduction, as well as restorative processes that promote healthy organs and tissues. Chlorella also aids the body in the breakdown of unwanted materials like heavy metals and supports proper digestion by promoting the growth of beneficial bacteria and assisting in the elimination of unwanted materials from the body.

Antioxidant Support

- **Red Raspberry** supports capillary strength.
- **Cranberry** supports urinary tract health and function by keeping unwanted materials from adhering to the walls of the bladder.
- **Blueberry** supports eye, urinary tract and cardiovascular health, and gastrointestinal function.
- **Bilberry** has traditionally been used to support proper functioning of the eye. It helps to synthesize compounds that maintain artery walls, support connective tissue health and strengthen capillaries.
- **Grape Seed Extract** plays a role in the stabilization of collagen and maintenance of elastin, thereby supporting organ, joint, blood vessel, and muscle functions.

Digestive Support

- **FOS** aids in the elimination of unwanted substances and supports G.I. Tract health. Fructooligosaccharides (FOS) are considered a soluble fiber and pre-biotic that support the growth of beneficial bacteria. Since FOS is not digested it increases the material in the digestive tract and promotes regularity.

Immune System Support

Oat Beta-Glucans support immune system function. Non-allergenic Oat Beta-1,3-Glucans extracted from oats are a highly researched polysaccharide with immune supporting properties. They support the activity of macrophages that clear away cellular debris and other unwanted materials by digesting them.

Supplement Facts

1 scoop (11.88 Grams) contains:

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| Calories | 50 |
| Fat Calories | 8 |
| Total Fat | 1 g |
| Sodium | 32 mg |
| Total Carb. | 9 g |
| Fiber | 3 g |
| Sugars | 2 g |
| Protein | 1 g |
| Vitamin A | 743IU |
| Vitamin C | 77.69 mg |
| Calcium | 25.8 mg |
| Iron | 2.57 mg |
| Sodium | 32 mg |
| Soluble Fiber (Fibersol-2™ brand) | 2,000 mg |
| Sunflower Lecithin Powder | 1,500 mg |
| Spirulina | 1,000 mg |
| Barley Grass Powder | 750 mg |
| FOS (Fructooligosaccharides) | 500 mg |
| Carrot Powder | 400 mg |
| Bromelain (80 GDU) | 360 mg |
| Papain | 300 mg |
| Red Grape Seed Extract | 300 mg |
| Chlorella-Cracked Cell Powder | 250 mg |
| Wheat Grass Powder | 250 mg |
| Red Raspberry Powder | 250 mg |
| Apple Pectin | 250 mg |
| Acerola Berry Juice Powder | 200 mg |
| Alfalfa Powder | 200 mg |
| Beet Juice Powder | 200 mg |
| Cauliflower Powder | 200 mg |
| Flax Seed Meal | 200 mg |
| Parsley Juice Powder | 200 mg |
| Rose Hips | 200 mg |
| Spinach Leaf Powder | 200 mg |
| Non-Dairy Probiotic Culture (1.2 Billion C.F.U.) | 200 mg |
| Royal Jelly | 150 mg |
| Bee Pollen | 100 mg |
| Citrus Bioflavonoids | 100 mg |
| Blueberry Powder | 100 mg |
| Broccoli Powder | 100 mg |
| Cranberry Juice Powder | 100 mg |
| Horsetail Rush | 100 mg |
| Bilberry Extract (25 % Anthocyanidins) | 80 mg |
| Oat Beta Glucans | 75 mg |
| Milk Thistle | 60 mg |
| Rosemary Leaf Powder | 60 mg |
| DMG HCl | 50 mg |
| Grape Seed Extract | 50 mg |
| Green Tea Extract | 50 mg |
| Eleutherococcus senticosus | 50 mg |
| Aloe Leaf Powder | 50 mg |
| Stevia | 35 mg |
| Licorice Glycomil | 5 mg |

Other Ingredients: natural apple flavor, cinnamon powder.

• **Suggested Use:** Mix 1 heaping scoop (11.88 gm) daily in 8 oz. of cold water or juice, or as directed by your health care practitioner.

Warning: If you are pregnant or nursing, consult your health care practitioner before taking this or any nutritional product.

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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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