



HEALTHY NAC

AN AMINO ACID SUPPLEMENT TO SUPPORT IMMUNE AND
RESPIRATORY FUNCTION†

An amino acid supplement to support immune system function and lung health.†

N-Acetyl Cysteine (NAC) is a non-essential, free form amino acid that is a highly stable form of cysteine.†

NAC has antioxidant properties and is necessary for the production of glutathione.†

Glutathione helps the body cope with oxidative stress, which is associated with disease and improves the number and activity of immune cells within the body.†

The antioxidant and free radical neutralizing properties of NAC might also help it support pulmonary and cardiac function.†

NAC helps to support healthy lung tissue and the body's natural defenses including cellular health.†

NAC helps to break down mucus in the respiratory tract and helps with rebuilding of lung tissue, and helps support the activation of immune cells to support the immunity.†

NAC seems to be able to help clear mucus from the body as a result of several different mechanisms. NAC ruptures mucus disulfide bonds, which reduces mucus viscosity, and it stimulates clearance of mucus from the respiratory tract.† NAC also appears to help maintain inflammatory processes within normal ranges.†

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

N-Acetyl Cysteine	500 mg
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Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule, 1 – 4 times daily with food, or as directed by your healthcare practitioner.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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