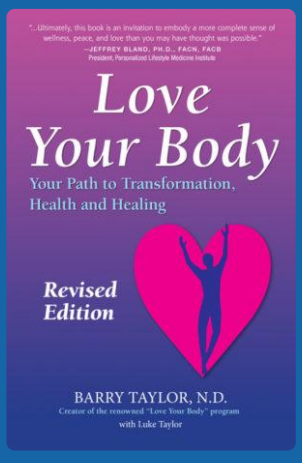
Barry Taylor, ND

Doctor of Naturopathic Medicine

Curriculum Vitae

New England Family Health Center
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www.DrBarryTaylor.com



BIOGRAPHY

Dr. Barry Taylor is a trained Naturopathic Physician and healer who has practiced Naturopathic Medicine since 1978. With a unique comprehension and specialized skill in multi-dimensional healing, Dr. Taylor has always derived great satisfaction and fulfillment from blending different thoughts, ideas and disciplines to create a new understanding of optimal health. He has been recognized as an expert in integrative medicine for over 50 years and has lectured at many of the world's leading wellness centers, clinics and hospitals, as well as major corporations. Through his private practice, workshops and seminars, Dr. Taylor has taught his LOVE YOUR BODY Program to over 20,000 people worldwide, 1981–present. Dr. Taylor is the proud father of two sons, Luke and Jacob, as well as an animal advocate.

EDUCATIONAL HISTORY

1978 Doctor of Naturopathic Medicine, National College of Naturopathic Medicine, Portland, OR

1974 Bachelor of Science, Human Biology, Kansas Newman College, Wichita, KS

1972 Bachelor of Arts, Comparative Religion, *Summa Cum Laude*, Brandeis University, Waltham, MA

PROFESSIONAL PRACTICE

- Founder and Director of New England Family Health Center, a multidisciplinary holistic outpatient/teaching facility in Boston 1979–1996, seeing clients from over 40 states and Europe
- Private practice in Weston, MA 1996 to present
- ICPA International Chiropractic Pediatric Association 2015–2016
- 29 weekend workshops on Nutrition for Pregnancy, Delivery, Nursing, and early childhood

LECTURES & SPEAKING ENGAGEMENTS

Universities & Colleges

Boston University, Brandeis University, Regis College, Tufts University, Northeastern University, National College Naturopathic Medicine, Evergreen College, Wichita University, Northwest Academy of Preventive Medicine, Sherman College of Chiropractic, Life College of Chiropractic, International Chiropractic Pediatric Association, NW College of Chiropractic, SW College of Naturopathic Medicine

High Schools, Colleges & Community Centers 1992–present

Courses & Workshops on: Optimal Immune Function, Detoxification & Cleansing, Stress Management & Communication, Leadership, Natural Medicine to Prevent & Treat Sports Injuries, Mindfulness as a Healing Tool, Balancing Hormones for Women of All Ages, Myths of GLP Weight Loss, Natural Aesthetics for Youthful Skin and Beauty, Nutrition for Digestive Restoration, Tips for Neuropathies and Pain, Pre & Post Surgical Nutritional Protocols, Olive Oil and Brain Health, Complementary Remedies for Parkinson's Disease

Aging Gracefully Presentations 2022–present

Senior Centers, Council on Aging Centers, and clients via Zoom

Conferences & Expos

Whole Life Expo, Continuing Education Courses on Natural Medicine, National Association of Naturopathic Medicine, National Health Federation, Canyon Ranch Spa Lenox MA, and numerous other spas in Europe and US; Juice Man talks on Detoxing and Cleansing in over 25 cities; Nutrition for Pregnancy, Birth and Childhood in 30 cities to students and health providers

- Created Health Coach Training program for health care professionals, 1990–92
- Hospital Grand Rounds: Boston Medical Center, Dana Farber Cancer Hospital
- Created LOVE YOUR BODY healing workshops taught to over 20,000 people worldwide, 1981–present
- Created *Designing the Art of Being a Healer* course — taught to medical students at SW College of Naturopathic Medicine, 2016–2017
- Chief Consultant for NBC News in Complementary Medicine, 1991–2001
- National radio interviews and TV appearances on complementary medicine, 1972–present on all major networks (Good Day, Good Morning America, Chronicle, etc.)
- 2014 — Created LOVE YOUR BODY INSTITUTE to support mind-body initiatives

WRITING

The Business of Medicine (1991) — co-authored chapter on doctor-patient communication and relationship

MS Magazine article on Natural Remedies for Fibroids, December 1988

"There is No Environment: The Earth is our Extended Body" — Pachamama Alliance Blog, 2007

LOVE YOUR BODY: Your Path to Transformation, Health and Healing

Published July 1, 2013. Revised July 2019; available on Audible. Available on Amazon

LOVE YOUR BODY CONTEMPLATIONS: Practices for Remembering

Published September 8, 2026; available in print, Kindle and Audible. Available on Amazon

AVAILABLE LECTURE TOPICS

- Insomnia — How to Get a Great Night's Sleep
- How to Avoid the Struggles and Suffering of Weight Loss & Dieting
- From PMS to Menopause — Nutritional Influences on Hormones
- The Difference Between Healing and Symptomatic Relief
- Aging Gracefully
- Raising Healthy Kids: From Baby Colic to Childhood Ear Infections to Teenage Acne
- Healthy Heart
- Junk Food of the Mind: Combating Negativity
- Immune System – How to Prevent Allergies, Migraines, Arthritis, Colitis & More
- Making Food Your Best Medicine
- Healing is a Journey Not Just a Destination
- Escaping "Should" and Embracing "Want"
- Learning to Listen to the Wisdom of the Body
- Herbal Home Remedies
- Team Building: Vision, Purpose and Goals in the Workplace

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